OCULAR EMERGENCIES

TAGELDIN M. OTHMAN, MD, FRCS ASSISTANT PROF. OF OPHTHALMOLOGY

History taking

Personal History:

(NASOMRH)

HPI: (OCD)

Onset

- Sudden
- Gradual

Course

- Progressive
- Stationary
- Regressive
- Intermittent

Duration

- Since birth
- Childhood
- Days, Months, Weeks, Years

History taking

HPI: (complaints)

Disturbed external appearance

- Lid problem
- squint
- proptosis

Inflamed & red eye

- discharge
- photophobia
- pain
- Loss of vision

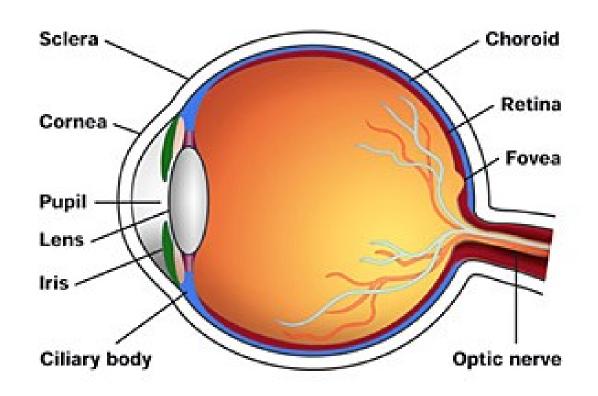
Drop ovision

- Acute or chronic
- Painful or painless
- Gradual, progressive, stationary, intermittent

History taking

Past History: **Medical Surgical** Trauma Family history (Similar family condition, +ve consanguinity) prenatal history, previous photos in special cases

Anatomy of the eye



Ocular Emergencies

Emergency Immediate

- Chemical burn
- · CRAO

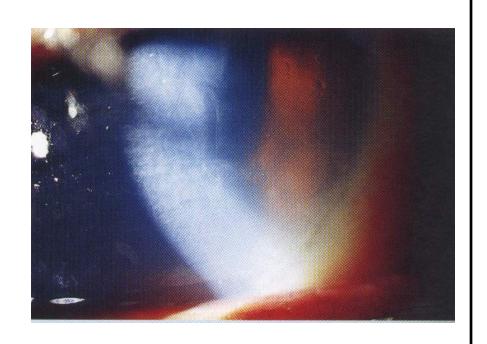
Very urgent
Within few hrs

- Open globe injury
- Acute congestive glaucoma

Urgent Within 1 day

- Orbital cellulitis
- *Corneal ulcer
- Corneal abrasion
- traumatic Hyphema
- Lid laceration
- •RD (macula on)
- ·IOFB

Patient with <u>accidental car battery</u>fluid reached his eye,



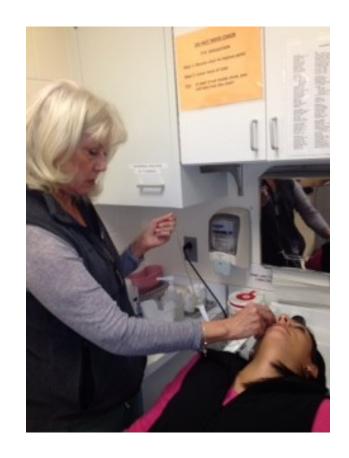
Chemical Burn

Only eye injury that requires immediate TTT B4 HX & careful OX

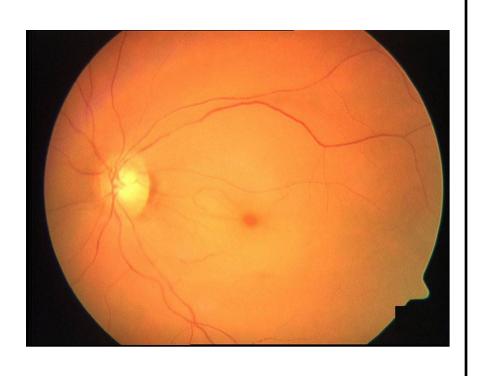
Immediate management

B4 HX & OX

- Copious irrigation with ?!!!! for 30 minutes until ...pH.
- Double eversion remove particulate
- Debridement of necrotic epithelium
- Clean water can be used (TIME IS MORE IMPORTANT THAN TYPE OF SOLUTION)

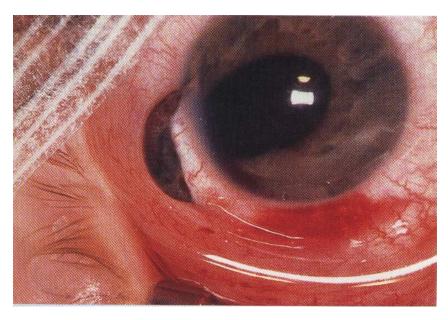


60 yrs old woman with <u>acute</u> profound loss of vision in lt eye?



- Treatment (EMERGENCY 2-3 HRS) is mainly by <u>acute</u> <u>lowering of IOP</u>
 - strong ocular massage
 - VD by breathing 5% CO2
 - IV acetazolamide
- Call ue senior
 - Paracentesis
 - Antiplatelets/fibrinolytics

Open globe injury



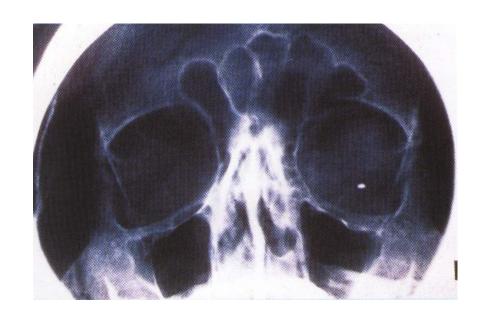


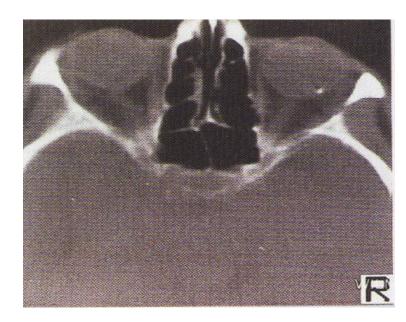
- Stop Ex.
- Shield the eye (don't patch)
- NPO (systemic AB.)
- NPE
- Film orbit if IOFB can't be rolled out
- Call ur Senior



X-Ray

CT





A 48-year-old female presented with <u>sudden red painful eye and drop</u> <u>of vision</u>, <u>nausea</u>, <u>vomiting</u>



Acute congestive glaucoma

Aim to reduce IOP:

- Topical 0.5% B blocker + Acetazolamide
- Topical 2-4% pilocarpine 1 drop every 15 minute 4 times
- 500 Acetazolamide IV or oral
- Systemic dehydrating (iv or oral ?!)

Call ur senior

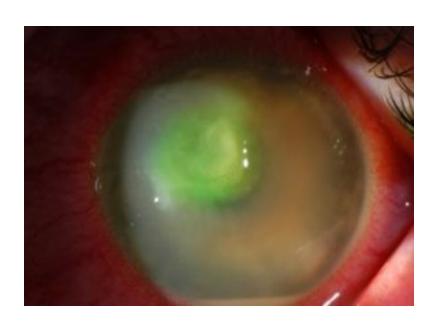
Child with Fever, <u>ocular Pain</u>, redness, Proptosis, Limitation of ocular motility



Orbital cellulitis

- Admission to hospital
- CT scan Orbit
- referral to ENT, Internal Medicine
- (IV Ab, drainage)

30 yrs old F red, pain, <u>photophobia</u>, <u>blepharospasm</u>



Corneal ulcer

- HXO trauma or CL
- Never patch
- Corneal scrabing for C/S
- Fortified Ab ED
- Close FU

pain <u>phpotophobia</u>, blepharospasm post <u>trauma</u> <u>with edge of paper</u>



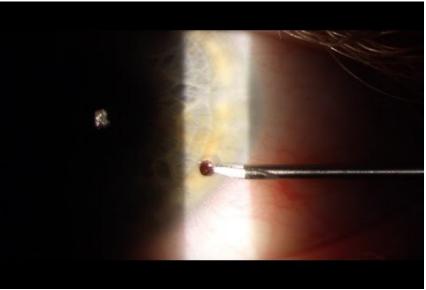
Corneal abrasion

- Topical Ab ED
- +/- topical cycloplegic
- +/- eye patch

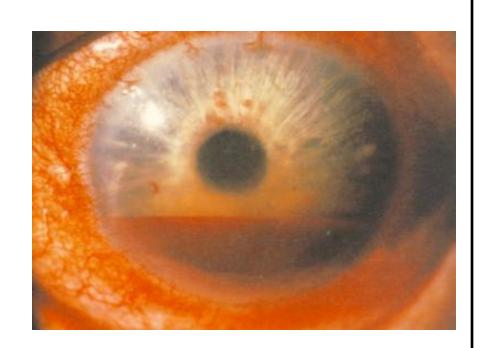


Corneal FB





Traumatic Hyphema



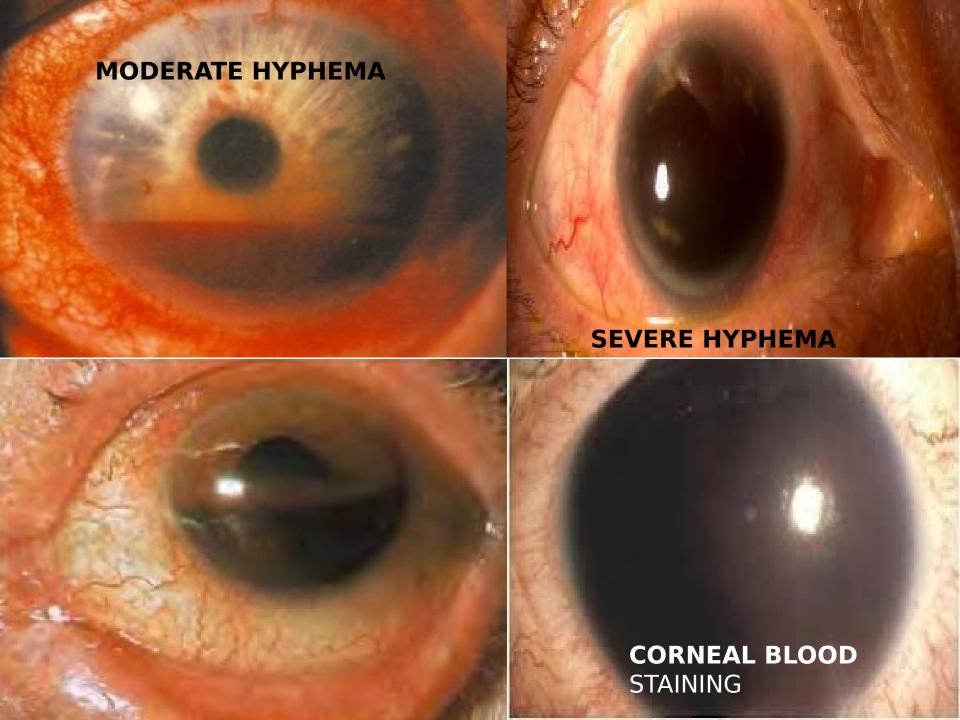
Traumatic Hyphema

Outpatient ttt with:

- > semisetting
- Daily FU
- Steroids
- Cycloplegics
- Antigl. If high IOP

Problems & complications

- □ Rebleeding
 - Dependent on size of hyphema
 - Grade I (25% will rebleed)
 - Grade III (75 % will rebleed)
- ☐ Increased IOP:
 - Dependent on size & rebleeding
- ☐ Corneal blood staining:
 - Dependent on size, IOP & rebleeding

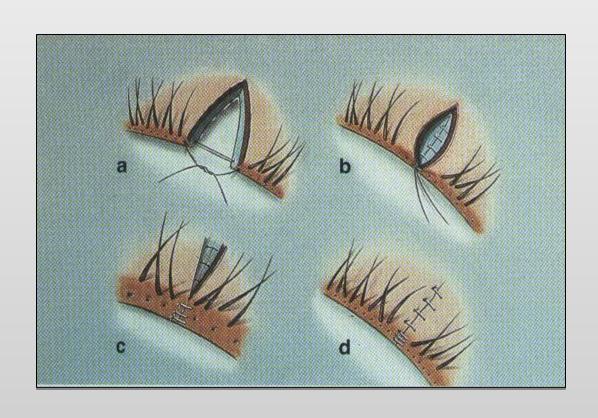


Eye lid laceration

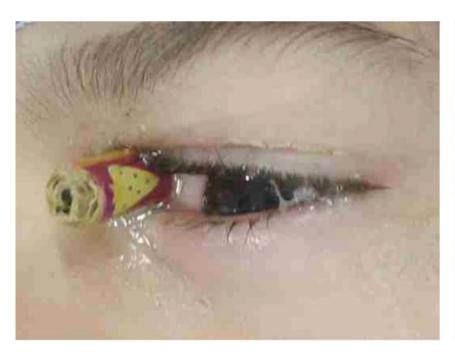


Eye lid laceration

6-0 vicryl 6-0 black



IOFB





Removal of IOFB

- Removal of IOFB indicated if injury is acute (e.g. **24-48** hours)
- If patient present much later (e.g. 7 days) removal is indicated if:
 - Ø Endophthalmitis is present
 - Ø IOFB is toxic or organic
 - Ø Associated VH
 - Ø Impacted onto the retina
 - Ø 2ry surgery is being considered (e.g. RD surgery)

Otherwise can consider leaving IOFB in situ

Black curtain after blunt trauma to the eye



How to manage?

(Retina consultant)

Thank you